

# GOVERNMENT ARTS & SCIENCE COLLEGE, KOZHINJAMPARA

Nattukal P.O., Palakkad – 678554

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## WWS Report 2018-19

A brief report of the WWS programme conducted in the Government Arts and science college kozhinjampara, Palakkad for the year 2018-19.

### Internal Mentoring

Mentees from II and I year were recruited and the internal mentoring sessions started in the month of October. The revised list of Mentees and Mentors were mailed to the office of the New Initiative. All the internal mentors were provided with a Mentor's kit consisting of the Mentoring Handbook, list of mentees, Attendance sheet, A4 sheets and a pen. The mentees were given a notebook and pen. Each Mentor engaged 10 sessions of Internal Mentoring.

### External Mentoring

As the office of the New Initiative provided the list of external mentors it was easy and time saving to find and fix Mentors. A meeting of the WWS mentees was conducted in which their opinion was taken regarding the areas or topics of requirement. External mentors were fixed based on their input and the approval of the Monitoring Committee.

The External Mentoring Sessions Started in the month of January and got completed in the month of March. Eminent personalities from various fields engaged the classes. The list of External Mentors and the sessions they dealt with is listed below.

- 1 **Mr. Nandajan K.A.** Free Lance Trainer nandajanka@gmail.com 9447173004 Lexmi Nivas, Pallanchathanur P.O., Palakkad-678 575 (Kerala)
- 2 **Ms.Swapna Vinod** Communicative English Trainer swapnapullara@gmail.com 9497180986 Developing English Language Fluency Pulikal House, Kuttumukku,Ramavarmapuram,Thrissur
- 3 **Ms.Anitha M P** Psychologist anithashibu25@gmail.com 9497351375 counselor, motivational trainer

4 Mr.**M U Praveen** theater & media petromaxtheatre@gmail.com 9495637990 theater, film

5. Mr.**Pandiyaraj** Yoga and Life Skills

### **Study materials**

Relevant books were selected considering the opinion of internal mentors and mentees. It was purchased through the cooperative store of the college.

List of books provided:

1. SSC Combined Graduate Level Exam Tier I
2. General Knowledge 2019 – Objective type

### **GD and Interview**

GD and Interview for the final year mentees was conducted on 01/02/19 and 09/02/19 by Ms.Sreepriya Balakrishnan, Asst. professor, Dept. of English, Govt. Victoria College Palakkad. A performance analysis was done and the list of areas they need to improve was provided to each participant.

### **INTERNAL MENTORING**

<b>Sl.No</b>	<b>CLASS</b>	<b>MENTOR</b>	<b>SESSIONS</b>	<b>RATE/SESSION</b>	<b>AMOUNT</b>
<b>1</b>	<b>I YEAR</b>	<b>NIMI NARAYAN</b>	<b>10</b>	<b>500</b>	<b>5000</b>
<b>2</b>		<b>RAMESH K</b>	<b>10</b>	<b>500</b>	<b>5000</b>
<b>3</b>		<b>UMAMAKHESHWARI</b>	<b>10</b>	<b>500</b>	<b>5000</b>
<b>4</b>		<b>DR.ROBERT ANTONY</b>	<b>10</b>	<b>500</b>	<b>5000</b>
<b>5</b>		<b>DR.NISHALAKSHMI</b>	<b>10</b>	<b>500</b>	<b>5000</b>
<b>6</b>	<b>II YEAR</b>	<b>DR. SEETHALAKSHMI</b>	<b>10</b>	<b>500</b>	<b>5000</b>
<b>7</b>		<b>HEMALATHA C</b>	<b>10</b>	<b>500</b>	<b>5000</b>
<b>8</b>		<b>PRAVEENA P</b>	<b>10</b>	<b>500</b>	<b>5000</b>
<b>9</b>		<b>SHINU K</b>	<b>10</b>	<b>500</b>	<b>5000</b>
<b>10</b>		<b>ATHULYA C</b>	<b>10</b>	<b>500</b>	<b>5000</b>

11	III YEAR	RAJESH C	10	500	5000
12		DR. PREETHA R	10	500	5000
13		DR. VIPIN P SIVARAM	10	500	5000
14		AMALA A K	10	500	5000
15		DR VINEETHA MOHAN	10	500	5000
		<b>TOTAL</b>			<b>75,000</b>

#### EXTERNAL MENTORING SESSIONS

Sl.No	Date	External Mentor	Class	Hours Engaged	Rate per hour	Amount
1	15/01/19	Praveen M U	III	5	1500	7500
2	31/01/19	Anitha M P	III	5	1500	7500
3	31/01/19	Nandajan K A	I	5	1500	7500
4	31/01/19	Praveen MU	II	5	1500	7500
5	01/02/19	Anitha M P	II	5	1500	7500
6	01/02/19	Praveen M U	I	5	1500	7500
7	02/02/19	Nandajan K A	III	5	1500	7500
8	02/02/19	Anitha M P	I	5	1500	7500
9	02/02/19	Swapna Vinod	II	5	1500	7500
10	03/02/19	Nandajan K A	II	5	1500	7500
11	03/02/19	Swapna Vinod	III	5	1500	7500
12	05/02/19	Swapna Vinod	I	5	1500	7500
13	05/02/19	Pandiraj M (TVM list)	II	5	1500	7500
14	06/02/19	Pandiraj M (TVM list)	I	5	1500	7500
			<b>Total</b>	<b>70 Hrs</b>		<b>1,05,000</b>

**GD and Interview Skills**

Sl.no	Date	Resource Person	Class	Hrs Engaged	Amount
1	01/02/19	Sreepriya Balakrishnan	III	5	7500
2	09/02/19	Sreepriya Balakrishnan	III	5	7500
			<b>Total</b>	<b>10 Hrs</b>	<b>15,000</b>

**Induction Programme**

V.no	Date	Item	Amount
1	23/10/2018	Tag file &Pen	420
2	23/10/2018	Xerox	500
3	30/10/2018	Lunch , Tea &Snacks	1080
		<b>TOTAL</b>	<b>2000</b>

**Stationery Kit**

V.no	Date	Item	Qty	Rate	Amount
1	04/11/18	Note book	90	30	2700
		Pen	90	10	900
			<b>Total</b>		<b>3600</b>

**Study Materials**

V.no	Date	Item	Qty	Amount
1	22/03/2019	SSC- CGL TIER 1	90	36, 000
2	22/03/2019	G K GUIDE	90	9000
			<b>Total</b>	<b>45, 000</b>

### Tea and Snacks

V.no	Date	Item	Amount
1	03/02/2019	Tea & Snacks	6300
2	09/02/2019	Tea & Snacks	3700
		<b>Total</b>	<b>10, 000</b>

### Office Expenses

V.no	Date	Item	Qty	Amount
1	22/10/2018	Stationery		500
2	04/11/2018	Xerox ment.kit		1500
3	08/11/2018	Tonner refill		500
4	10/01/2019	Xerox		950
5	09/02/2019	RP Lunch	15	1050
			<b>Total</b>	<b>4500</b>

### Coordinator Honorarium

V.no	Date	Amount
1	22/03/2019	15,000
	Total	<b>15, 000</b>

### Conclusion

The WWS Programme for the year 2018-19 was successfully completed in the Government Arts and Science college Kozhinjampara. It was a collaborative effort of all the mentors, both external and internal, and mentored under the guidance of the principal, Dr. Mani. Surely this programme provided both mentors and mentees an opportunity to re-invent their personality. As coordinator it was a delightful experience for me and I wish to thank all the students, teaching staff and non-teaching staff for their support and encouragement.